

KNOWLAN'S  
**FRESH FOODS**



Premium  
USDA Choice  
Black Angus Beef  
**Bone-In  
Rib Eye  
Steak**

SAVE  
\$2lb



SAVE  
\$2

**9.99**  
LB

**Fresh Chicken**  
3.5 lb Whole or  
4.5 lb Family Pack  
Leg Quarters

**4.99**

**PICK  
5  
ONLY  
\$19.99**



VIEW BACK PAGE FOR MORE SAVINGS!

**PRODUCE PICKS**



**Fresh  
Strawberries  
or Blueberries**  
16 oz - 1 dry pint

**2/\$5**



**Baby or  
Base Blend  
Salad Mix**  
5-12 oz  
Selected Varieties

**2/\$5**

**BAKERY BITES**



SAVE  
\$1.50

**Fresh Bakery  
Apple  
Turnovers**  
4 count

**2.99**



**Taste of Scandinavia  
Hamburger  
Buns**  
8 count  
White or Wheat

**2.49**

**OUR KITCHEN**



SAVE  
\$1lb

**Fresh Sliced  
Honey  
Maple or  
Applewood  
Smoked  
Ham**

**5.99**  
LB



SAVE  
\$1lb

**Mrs. Gerry's  
Original  
Potato  
Salad**

**2.99**  
LB

**EVERYDAY GROCERY VALUES**



**Weight Watchers  
Smart Ones  
Entrée**  
9-10.25 oz  
Selected Varieties

**1.99**

**Blue Bunny  
Premium  
Ice Cream**  
56 oz, Selected Varieties

**2/\$5**

**Hostess  
Twinkies, Chocolate  
Cup Cakes, HoHos  
or Coffee Cake**  
8-10 count

**2.99**

**Old Orchard  
Juice Cocktail**  
64 oz, Apple, Ruby  
Red Grapefruit, Apple  
Cranberry, Apple Raspberry  
or Apple Kiwi Strawberry

**2/\$3**

**Xtra  
2X Concentrate  
Liquid Laundry  
Detergent**  
75 oz, Selected Varieties

**1.99**