

KNOWLAN'S

FRESH FOODS



SAVE \$4 lb

Premium
USDA Choice
Black Angus Beef
**Bone-In
Kansas City
Strip Steak**

7.99
LB



All Natural

Fresh, Bone-In
**Pork
Shoulder Roast
or Steak**

2.79
LB



SAVE \$2.30

Fresh
**Chicken
Drumsticks
or Thighs**
3.5 lb Family Size

4.99

PRODUCE PICKS



Premium
**Sweet Red
Seedless
Grapes**

2.49
LB



Mann's
**Romaine
Hearts**
3 pack

2/\$5

BAKERY BITES



SAVE \$1

Fresh Bakery
**Chocolate
Chip
Cookies**
20 count

5.99



SAVE \$1

Fresh Bakery
**Kaiser
Rolls**
6 count
White or Wheat

1.99

OUR KITCHEN



Fresh Sliced
**Honey or
Virginia
Ham**

5.99
LB



Our Own
**Turkey
Wild Rice
Salad**

6.49
LB

EVERYDAY GROCERY VALUES

Yoplait
Original or Whips!
Yogurt
4-6 oz
Selected Varieties

10/\$5

Tropicana
Pure Premium
Orange Juice
59 oz
Selected Varieties

2.99

Kemps
Sour Cream
16 oz
Regular or Light

2/\$3

Jif
**Peanut
Butter**
15.5-16 oz
Selected Varieties

2/\$4



PLU #542
Hellmann's
Mayonnaise
22-30 oz
Selected Varieties

2.99

with coupon. Limit one offer per coupon and one coupon per family. Valid 08/20/14 - 08/26/14.