

KNOWLAN'S  
**FRESH FOODS**

Proudly Serving the Community  
**Since 1905**



**BLACK Swift ANGUS**  
EST. 1855

USDA Choice  
**Premium T-Bone Steak**  
Porterhouse Steak

SAVE up to \$4 lb  
**8<sup>99</sup>** LB  
**9<sup>99</sup>** LB



Farmland  
**PRIME**  
ALL NATURAL  
PREMIUM FRESH PORK

Fresh  
**Baby Back Pork Ribs or Boneless Pork Tenderloin**

SAVE \$1 lb  
**3<sup>99</sup>** LB



PLU #529  
Fresh  
**Boneless Skinless Chicken Breast Fillets**  
1.25 lb

SAVE \$769

**BUY ONE GET ONE FREE**

with coupon. Limit one offer per coupon and one coupon per family. Valid 10/07/15 - 10/13/15.

**PRODUCE PICKS**



Minnesota Grown  
**Premium Honeycrisp Apples**

**2<sup>49</sup>** LB



**Celebration Grapes**

**2<sup>99</sup>** LB

**BAKERY BITES**



SAVE \$1

Fresh Bakery  
**Pumpkin Pie**  
8 inch

**3<sup>99</sup>**



SAVE \$1

Fresh Bakery  
**Chocolate Chip Cookies**  
20 count

**5<sup>99</sup>**

**OUR KITCHEN**



SAVE \$3 lb

**Kreischmar**

Fresh Sliced  
**Chicken Breast**  
Oven Roasted or Buffalo

**5<sup>99</sup>** LB



Our Own  
**Whipped Butternut Squash**

**6<sup>99</sup>** LB

Heat & Eat

**EVERYDAY GROCERY VALUES**



Nestlé  
**Baking Morsels**  
10-12 oz, Semi-Sweet, Dark Chocolate, White Chocolate or Milk Chocolate

**2<sup>69</sup>**



Hunt's  
**Snack Pack Pudding**  
4 count, Selected Varieties

**99¢**



Ragú  
**Old World Style Traditional or Meat Pasta Sauce**  
23.9-24 oz

**1<sup>69</sup>**



Bear Creek  
**Soup Mix**  
9-12.1 oz Selected Varieties

**2<sup>99</sup>**



While Supplies Last!

Festal  
**Pumpkin**  
15 oz

**99¢**



32 Value Pack

Super Chill or Essential Everyday  
**Purified Drinking Water**  
32/.5 liter Bottles

**2<sup>99</sup>**