

KNOWLAN'S

FRESH FOODS

knowlansfreshfoods.com

Proudly Serving The Community
Since 1905



BLACK SWAN ANGUS
USDA
Premium
Fresh
93% Lean
Ground Beef

SAVE \$1 lb

4.99 LB



Hormel
Black Label
Bacon
12-16 oz
Selected Varieties

SAVE \$3

3.99



Boneless Skinless
Chicken Breast
Fillets or
Chicken
Burgers
32 oz, Selected Varieties

SAVE Up to \$9.98 on 2

2/\$10



USDA Choice
Premium
T-Bone
Steak
PORTERHOUSE STEAK

SAVE \$4 lb

8.99 LB
9.99 LB

PRODUCE PICKS



Best
Cherries
In Town

Sweet
Red
Cherries

3.99 LB



Whole
Seedless
Watermelon

4.99



Fresh
Strawberries
16 oz

2.99



Fresh
Bi-Color
Sweet Corn

39¢ EA

OUR KITCHEN



Hot,
Ready to Eat!

Our Own
Fried Chicken
8 piece Bucket

7.77



Ready to Heat & Serve

Deli - Fully Cooked
St. Louis Style
Pork Ribs

Half Rack 6.99
Full Rack 10.99

BAKERY BITES



Taste of Scandinavia
Hamburger or
Hot Dog Buns
8 count
White or Wheat

2.69



SAVE \$1 lb

Our Own
Homestyle
Potato Salad

2.99 LB



SAVE \$3 lb

Fresh Sliced
Off The Bone
Smoked or
Honey Ham

4.99 LB



SAVE Up to \$1.50

Fresh Bakery
Cinnamon Rolls
6 count
Selected Varieties

2.99

GROCERY



Heinz
Ketchup
38 oz
Original

1.99



Bush's Best
Baked or Grillin'
Beans
22-28 oz
Selected Varieties

2/\$4

7 am - 9 pm Daily • Prices good Wed., June 28th - Tues., July 4, 2017

We will be open regular hours on 4th Of July

We reserve the right to limit quantities. We are not responsible for typographical or pictorial errors. While supplies last.