

KNOWLAN'S

FRESH FOODS

knowlansfreshfoods.com

Celebrate the Holidays with Outstanding Values



Ready to Bake & Serve

AuGratin or Cheesy Potatoes
5 lb Pan
24 oz 7⁹⁹

22⁹⁹



local flavor

Excellent appetizer served with fresh sliced bread or baguette

taste OF SCANDINAVIA bakery & cafe

Spreads
8 oz
Selected Varieties



Ready to Heat & Serve

Family Size Lasagna
3 lb

16⁹⁹



Mann's Vegetable Tray with Dip
40 oz

10⁹⁹



Ready to Heat & Serve

Our Own Egg Bake
Sausage & Cheese or Southwestern
5 lb Pan
24 oz 9⁹⁹

29⁹⁹



SAVE \$4.00

Simek's Fully Cooked Meatballs
22 oz, Frozen
Original or Italian

5⁹⁹



Nabisco Ritz or Snack Crackers
3.5-13.7 oz
Selected Varieties

2/\$4



local flavor

Kemps Sour Cream
16 oz Tub or 12 oz Easy Squeeze
Selected Varieties

16⁹⁹



PLU #510

Frito Lay Lay's Potato Chips

SAVE \$4.29

BUY ONE GET ONE FREE

9.5-10 oz Selected Varieties with coupon. Limit one offer per coupon and one coupon per family. Valid 12/19/18 - 12/24/18.



PLU #509

Pepsi Products 3/10⁹⁹
12/12 oz Cans or 8/12 oz Bottles
Selected Varieties

Must buy three with coupon. Limit one offer per coupon and one coupon per family. Valid 12/19/18 - 12/24/18.



local flavor

Kemps Ice Cream or Frozen Yogurt

SAVE \$6.49

BUY ONE GET ONE FREE

28.5-48 oz Scround Selected Varieties with coupon. Limit one offer per coupon and one coupon per family. Valid 12/19/19 - 12/24/18.

PERFECT FOR HOLIDAY ENTERTAINING

Check out our Bakery Department for Great Party Trays!



Vienna Rolls Order Ahead!



Holiday Cookie Platter



Peanut Butter Blossom Cookies



SAVE up to \$1.50

Fresh Bakery Cinnamon Rolls
6 count
Selected Varieties

2⁹⁹



Cottonelle Toilet Paper

12 Double Rolls, Clean Care or Ultra Comfort Care or Viva Paper Towels
6 count, White Full Sheet or Choose-A-Size

2/\$10