

KNOWLAN'S

FRESH FOODS

knowlansfreshfoods.com

Proudly Serving the Community
Since 1905



Fresh, All Natural Bone-In Center Cut, Porterhouse Thick Cut, Seasoned Rib Cut Pork Chops or Roast

SAVE \$1.70/lb

3.99 LB



Tyson Boneless Skinless Chicken Breasts 2.5 lb, Frozen

SAVE \$4

4.99



USDA Organic 85% Lean Grass Fed Ground Beef 16 oz

SAVE \$2

5.99



BLACK ANGUS USDA Choice Premium Bone-In Rib Eye Steak

SAVE \$4/lb

12.99 LB

PRODUCE PICKS



Sweet 2 Eat Premium Peaches or Nectarines

3.49 LB



Sweet Juicy Athena Melon

3.49 EA

BAKERY BITES



SAVE \$1

Fresh Bakery Chocolate Chip or M&M Cookies 10 count

2.99



SAVE \$1

Fresh Bakery Apple Strudel Bites 14 count

3.99

OUR KITCHEN



Fresh Sliced Virginia or Honey Ham

SAVE \$5

Our Own Family Picnic Chicken Dinner for 4

Includes: 8 Piece Fried Chicken, 4 Chicken Tenders, Choice of 2 lbs JoJo Potatoes or 1 pint Mashed Potatoes & 1/2 pint Gravy, 1 lb Salad (Italian Rotini, Coleslaw or Homestyle or Original Potato Salad) & 4 Dinner Rolls

24.99



EVERYDAY GROCERY VALUES



Crystal Farms All Natural Shredded or Chunk Cheese 6-8 oz, Selected Varieties

2/\$4



Frito Lay Tostitos Tortilla Chips 10-13 oz or Ruffles Potato Chips 7.25-8.5 oz, Selected Varieties

2/\$6



Yoplait Original, Light or Whips! Yogurt 4-6 oz, Selected Varieties

10/\$5



Bellatoria Pizza 12 inch Selected Varieties

BUY ONE GET ONE FREE NO COUPON NECESSARY



Kemps Select Chocolate 1% Milk 1 Gallon

2.99



Cedar Crest Ice Cream 48 oz Selected Varieties

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Maplewood 2720 Stillwater Rd. at Hwy. 120 • 651.739.9055
South St. Paul 225 13th Ave. S. in Southview Center • 651.455.9332
Store Hours 7 am - 9 pm Daily • Prices good Wed., June 9 - Tues., June 15, 2021

We reserve the right to limit quantities. We are not responsible for typographical or pictorial errors. While supplies last.