

KNOWLAN'S  
**FRESH FOODS**



Fresh  
**Boneless  
Skinless  
Chicken  
Breast**

SAVE  
\$1.50 lb

**3.99**  
LB



Smithfield  
MARINATED  
FRESH PORK

**Boneless  
Pork  
Tenderloin**  
18.4 oz  
Selected Varieties

SAVE  
\$2

**6.99**



Proudly Serving the Community  
**Since  
1905**

BLACK ANGUS  
EST. 1950

USDA Choice  
**Premium  
T-Bone  
Steak**

SAVE  
\$5 lb

**10.99**  
LB

PORTERHOUSE STEAK

11.99 LB

Pick 5  
only  
**19.99**

**Mega Meat  
Sale**



See Details on Page 2

**PRODUCE PICKS**



**Fresh  
Blueberries**  
1 dry pint

**2.99**



**Premium  
Salad Kit**  
9.4-10.5 oz  
Selected Varieties

**2/\$7**

**BAKERY BITES**



**Fresh Bakery  
Cinnamon  
Rolls**  
6 count  
Selected Varieties

SAVE  
up to  
\$1.50

**3.99**



**Fresh Bakery  
Apple  
Strudel Bites**  
14 count

SAVE  
\$1

**3.99**

**OUR KITCHEN**



**Fresh Sliced  
Cherrywood  
Smoked Ham**

**6.99**  
LB



**Hot, Ready to Eat!  
Fried Chicken  
Tenders**  
Original or Hot

**7.99**  
LB

**EVERYDAY GROCERY VALUES**



**Kemps  
Sour Cream  
or Dip**  
12-16 oz  
Selected Varieties

**2/\$4**



**Essential Everyday  
Dry Roasted  
Peanuts**  
16 oz  
Selected Varieties

**2/\$5**



**Bays  
English  
Muffins**  
6 count

**2/\$6**



**Cheez-It  
Puff'd or  
Snap'd Snacks**  
5.75-7.5 oz  
Selected Varieties

**2/\$7**



**Frito Lay  
Party Size!  
Chips or  
Snacks**  
12-17 oz, Selected Varieties

**2/\$9**



**Green Mill  
Tavern-Style  
Pizza**  
12 inch  
Selected Varieties

BUY ONE GET ONE  
**FREE**  
NO COUPON NECESSARY